



Report: Dispensing Optics Workshop

Date: 18/03/2026

Venue: Laxmi College of Optometry (Panvel)

Introduction

A Dispensing Optical Workshop was successfully conducted at **Laxmi College of Optometry** with the objective of enhancing students' practical knowledge and understanding of optical dispensing. The session was led by optometrists Ms. **Priya Tiwari** and Mr. **Anup Yadav** from **Yash Lenses**, who shared their expertise and industry insights with the students.

Inauguration

The workshop commenced with a warm welcome and introductory address by Vice Principal Mr. Rakesh Kaushal, who emphasized the importance of dispensing knowledge in clinical optometry practice and its role in ensuring optimal patient outcomes.

Workshop Highlights

The session was highly interactive and covered key concepts essential for optometry students:

- **Difference between Dispensing and Sales**
The speakers clearly explained how dispensing is a **patient-centered clinical process**, whereas sales is more commercially oriented. Emphasis was placed on ethical dispensing practices.
- **Basics of Refraction**
A brief revision of refraction principles was provided, linking clinical findings to appropriate lens selection.
- **Lens Materials**
Students were introduced to different lens materials, their properties, advantages, and suitability for various patient needs.

- **Types of Lenses**
Detailed discussion on single vision, bifocal, and progressive lenses, along with their indications.
 - **Lens Coatings**
Explanation of various coatings such as anti-reflective, scratch-resistant, and UV protection, and their practical applications.
 - **Application Software of Yash Lenses**
Demonstration of the company's software for lens selection and ordering, giving students exposure to real-world optical dispensing systems.
-

Student Engagement

The workshop encouraged active participation, where students engaged in discussions, clarified doubts, and gained practical insights into real-time dispensing scenarios. The session effectively bridged the gap between theoretical knowledge and industry practice.

Conclusion

The workshop concluded with a vote of thanks. As a token of appreciation, the college presented mementos to both the optometrists. The program ended on a positive note with a group photograph, marking the success of the session.

Overall Outcome

The workshop proved to be highly beneficial in:

- Enhancing students' understanding of dispensing optics
- Providing industry exposure
- Strengthening practical and clinical decision-making skills

Such initiatives play a vital role in preparing students for real-world optometry practice.

Glimpse of session

